



FOOTHILLS PREGNANCY RESOURCE CENTER

LIFEletter

FPRC NEWSLETTER • VOL. 1 • ISSUE 1 • SUMMER 2018

FPRC gets NEW ULTRASOUND

by Susie Mullen, Director of Nursing, FPRC

The families of Foothills Pregnancy Resource Center have been so blessed by the overwhelming generosity of wonderful supporters.

This last year, the Knights of Columbus donated a brand new beautiful ultrasound machine. It is called the Acuson NX2 System and it is an awesome machine with “smart scanning, smart performance and smart engineering” to quote the Seimens Company who created it.

One of the blessings of this new machine is that the scans can be put directly onto a flash drive and transferred to our Medical Director, Dr. Joe Mawad, giving us the ability to get quick and confidential results for our clients. We have already been blessed by the results of showing our “abortion-minded and abortion-vulnerable” clients a view of the life growing inside of them. They connect with their child for the first time and with tears in their eyes, decide to give them the gift of life by keeping and parenting their babies.

One day, a young lady we will call “Jane” just happened into our center after finding us on the internet. She had just left a local abortion clinic where she had intended to end the pregnancy. She asked the abortion doctor, as he was performing an ultrasound, how far along she was because she wasn’t sure. He replied, “Over twelve weeks” She answered a little shocked, “Wow, really? How many



weeks over twelve? Can I see the ultrasound?” He said, “No I cannot show you but trust me, you are definitely over twelve weeks.” At that point, she felt very uneasy and decided to climb off the examining table and rethink this whole plan. I asked her if she would like me to do a limited obstetrical ultrasound and tell her the approximated age of the fetus and she said, “Yes, please!!” After measuring the baby, it was determined that she was approximately 17.5 weeks along. She saw the baby’s little hands covering his face and his little feet kicking away. She saw the heart beating so quickly and said with tears in her eyes, “I had no idea. I could never abort my baby now.”

We would love for you to join us on July 20th for the blessing of the new ultrasound machine. Details inside on page 2. Thank you for your support!!



DETAILS INSIDE!

- GALA Save the Date!
- NEW ULTRASOUND
- Red Ribbon Ceremony
 - Fashion Wrap
- AND MORE!

FOOTHILLS PREGNANCY RESOURCE CENTER

a State-Licensed Medical Clinic

(626) 358-2122

924 Buena Vista Street, Suite 202
Duarte, CA 91010

OFFICE HOURS:

Mon, Wed, Fri: 11am - 3pm
Tues, Thurs: 2pm - 7pm

MISSION

FPRC is a safe place where individuals and families are empowered with the tools and support to make healthy life choices.

ABOUT US

We recycle hope into every life that walks through our doors.

WAYS TO DONATE

Mail your gift to:

FPRC

P.O. Box 234

Monrovia, Ca 91017

Or give online at:

foothillsprc.org

The room looked beautiful as our guests arrived on May 5th to ...

THE ANNUAL TEA & FASHION SHOW

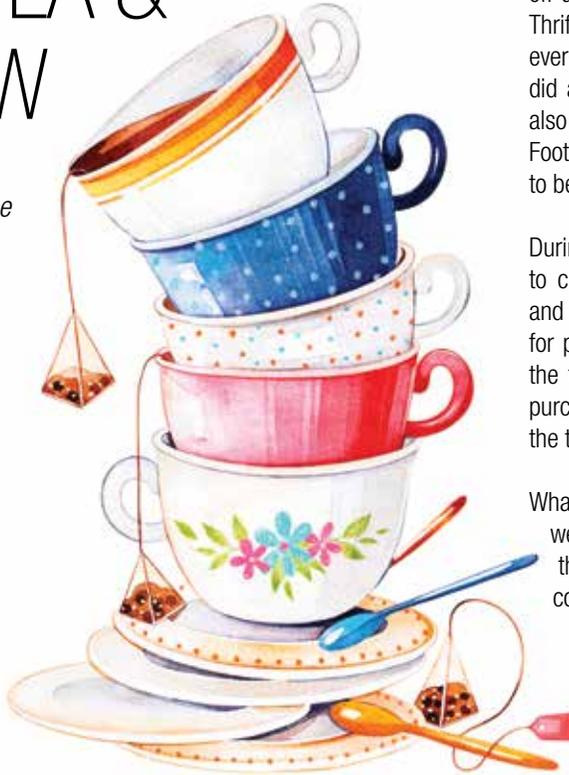
by Greta Starkey

Donor, Volunteer, Board Member, Tea Committee

Each year, for the past handful of years, we have enjoyed hosting this fashion show and tea event with one of our Church Partners, United Methodist Church of Monrovia. The event provides a very unique way for FPRC and a local church to “tell our story”. Now a half dozen years ago, FPRC Executive Director Lori Berg and UMC Pastor Alena Uhamaka began discussing plans to coordinate an on-site thrift shop that would occupy rooms at the church. Hard work of many volunteers both from the church and pregnancy center made it a reality...and years later, we enjoy the fruits of combined passions. While recycling hope into the lives of many clients each year, United Thrift Shop (open Tuesdays and Thursdays, 9 – 2) also recycles donations into shopping treasures!

This year at our fashion show and tea event each table was decorated with a different theme. All 16 tables looked wonderful. There was anything from Alice in Wonderland to Springtime to a Hawaiian theme.

While the guests enjoyed an amazing buffet of fruit, salads and a large selection of pastries, they were able to chat and catch up with old friends or make new friends.



One of our clients at Foothills Pregnancy Resource Center spoke about how we have made such a difference in the lives of her and her son. She had a long list of the many services we provide such as Pamper Day and our Christmas party. What really makes her feel loved is the encouragement and kindness she receives every month when she comes to get her supplies of age-appropriate clothing, diapers, food, shoes, toys, etc. The staff and volunteers are always there to offer a smile.

Next on the agenda was the fashion show. I happened to be a model this year and I was happy I didn't trip on the stage! This was a time for models to show off all of the clothing that is available at the United Thrift Store. There was a wide variety of outfits for every occasion at incredibly low prices. Laura Smith did a great job describing the outfits in detail. She also gave the audience plenty of information about Foothills Pregnancy Resource Center and what we do to be an outreach to the community.

During all this activity our guests had an opportunity to check out our silent auction on the back table and another one of our creative display of items for purchase, Purses With a Purpose. At the end of the tea everyone had a chance to go upstairs and purchase any outfits they liked and also to check out the thrift store.

What we hope will happen at all of our events as we talk about helping women and men with their post-abortion healing is that it will open up conversations. Maybe somethings that have never been talked about before. After the tea I heard someone sharing her own story of something that happened long ago. How she was going to have an abortion and decided not to go through with it at the very end. She is so thankful for her decision.

Thank you all for attending and supporting FPRC. Thanks also to Janie Duncan and her crew of fabulous kitchen staff for the beautiful brunch. And a very special thanks to students from Monrovia Adult School who volunteered over two days to help setup and run the event! Thank you also to the staff, board and volunteers who make it happen each and every year. We can't do it without everyone's support! See you again next year!

You're Invited to a special RED RIBBON CEREMONY

Our Foothills Pregnancy Resource Center family just keeps on growing! We've just given birth to a brand new ultrasound machine! (Please check out the article on the front page of this newsletter written by our R.N., Susie Mullen). Due to the generosity of the Knights of Columbus Ultrasound Initiative, in coordination with a local Diocese and local councils, Knights David Cortens and Ruben Corral and Fred Boller of Precision Medical, this amazing piece of life-saving equipment is now housed in our center. And to celebrate this, Foothills Pregnancy Resource Center is hosting a red ribbon ceremony in July. We're inviting any of our friends and donors who would like to attend.

Friday, July 20, 2018 • 1 PM-2PM
FPRC, 924 Buena Vista, Suite 202, Duarte, CA 91010

Bishop O'Connell and local pastors will pray over and bless our new machine—plus, city dignitaries will be present to officiate. Light refreshments, tours of the center and photo opportunities will follow the ceremony.

Please call (626) 358-2122
so that we may add your name to the RSVP's.

We look forward to seeing you at this special event to honor the life of our center and the lives we serve!



SERVICES OFFERED:

- Urine Pregnancy Testing
- Limited Ultrasound (if you qualify)
- Options Counseling: Hear about ALL of your options
- Support after an abortion: If you or a friend has had an abortion, you may be looking for a safe place to talk and heal.
- Groups and Classes: Support, Parenting, Mentoring
- Supplies for you and your baby

RESOURCES AVAILABLE:

- **Options Counseling**
Explore your options, "Are You Pregnant?
Emergency Contraception? Considering Abortion?"
- **Abortion Recovery**
Restoring Lives and Relationships After Abortion
- **Susie Mullen, R.N., Nurse Manager**
Foothills Pregnancy Resource Center

POST-ABORTION CLASSES OR ONE-ON-ONE MEN'S AND WOMEN'S GROUPS

*Abortion affects families. Through a ripple effect...one abortion...
may touch the hearts of many.*

A NEW SUPPORT GROUP IS FORMING IN YOUR AREA

Please call: (626) 358-2122 to get all the information.

WEEKLY WOMEN'S SUPPORT GROUP

Facilitated by a trained leader

Tuesdays, 6:00-7:00 PM at FPRC

Drop-in's Welcome • Women Only

Do not need to make a commitment to entire length of time

Able to converse in English • Make a commitment to group • Alert and ready to share

FREE • RSVP to (626) 358-2122

"Because we all have our own story to tell"

PARENTING SUPPORT GROUP Are you a parent of young children? Please join us as we discuss topics of discipline, structure, and healthy living. Enjoy the community of other parents. Your children are more than welcome to come along. Ask us for details!

Save the Date Gala 2018 ★ A STAR is BORN

"A STAR IS BORN"

Friday, November 9, 2018, 6-9PM

First Church of the Nazarene

3700 E. Sierra Madre Boulevard, Pasadena.

Gourmet dinner • Silent Auction

Clients Sharing Their Stories • Special Guest Speakers

We'll hear from donors and clients alike who are engaged in the process of adoption, while also encouraging church partners about exciting new programs! And this year, along with these and other testimonials, we'll be treated and inspired by messages from several Christian Hollywood artists. Messages that will encourage us all. We have hope for Hollywood because Hollywood has hope!

You won't want to miss out on Gala 2018, "A STAR IS BORN". Formal invitations will be forthcoming. Please consider, even now, making your plans for your table of eight.

Does your business want to be a table host?

Do you have contact with other businesses that could sponsor tables?

Perhaps your business would like to have ad space in our lovely souvenir program book.

**Call us at Foothills Pregnancy Resource Center
with your questions at (626) 358-2122.**

Want to volunteer???

Help out the center, feel good about doing a great thing for a great nonprofit...PLUS...shop at the same time!

United Thrift Shop, located inside United Methodist Church of Monrovia, is open 9-2 most Tuesday's and Thursday's. (In fact, we just hosted our annual tea and fashion show event May 5 at the church, whereupon guests treated themselves to a little shopping afterwards.)

United Thrift shares its monthly income with Foothills Pregnancy Resource Center. What a gift!

Now, we need some additional help at the shop: clerking; sorting donations; doing displays; keeping the place ship shape, etc. Whatever hours you could help out.....we'd be so thankful.

Contact Lori if this seems like it might be 'your cup of tea'. Lori will talk with you a bit more and what's more, she will take you on a guided tour of the shop!

Call the pregnancy center anytime to speak with her or leave a message at (626) 358-2122.

We celebrated National Volunteer Day recently. So this is the perfect place and time to say "Thanks!!!" to some of those who are already regular volunteers at our fun, little shop: Janie, George, Mitra, Mario, Jessi, Sea, even Pastor Tim Wolfe from Abundant Life Fellowship (who brings a crew by from time to time), and others who have helped us become a 'sweet shopping mecca' right off Myrtle Avenue in lovely Monrovia.

Give Lori a call soon...
and, thank YOU for
caring to serve!



Sometimes, do you just wish you had a **"SAFE PLACE"** to gather and get some **HONEST ANSWERS?** Do you have a safe place to go **WHERE NO ONE WILL JUDGE YOU** as you share your questions or thoughts?

We have support groups. We even have one-on-one mentorships for guys! Everyone could use a little support.
WE'RE A SAFE PLACE.

If you need support or to share with another person for the first time, all our services are **CONFIDENTIAL** and **FREE!**



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a State-Licensed Medical Clinic

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FPRC IS A SAFE PLACE